

The purpose of YMCA Central Leaders School is to help teens develop new skills and grow as individuals. Meaningful experiences and reflection, coupled with enrichment and classroom activities, will give our teens real lessons they can apply in school, work and life. Long lasting friendships and personal bonds are formed. It is an exciting, supportive atmosphere for teens to learn about themselves and others.

Our Training Program includes...

- Skills/Certification Courses
- Personal Development/Discussion Classes
- Sports Skills/Physical Fitness Classes
- Social Emotional Learning

Bring your friends, everyone is welcome!

For more information, contact our School Co-Directors:

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**Cental.Leaders.School** 



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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY